

Table of Contents

04

Introduction

Types of Experiences

06

History of Wales

- Roman
- Industrial Revolution

08

Transportation
Getting to Wales

10

City Breaks

- Cardiff
- Conwy

12

National Parks

- Snowdownia
- Brecon Beacons
- Pembrokeshire

14

Active Vacations

- Hiking North Wales

16

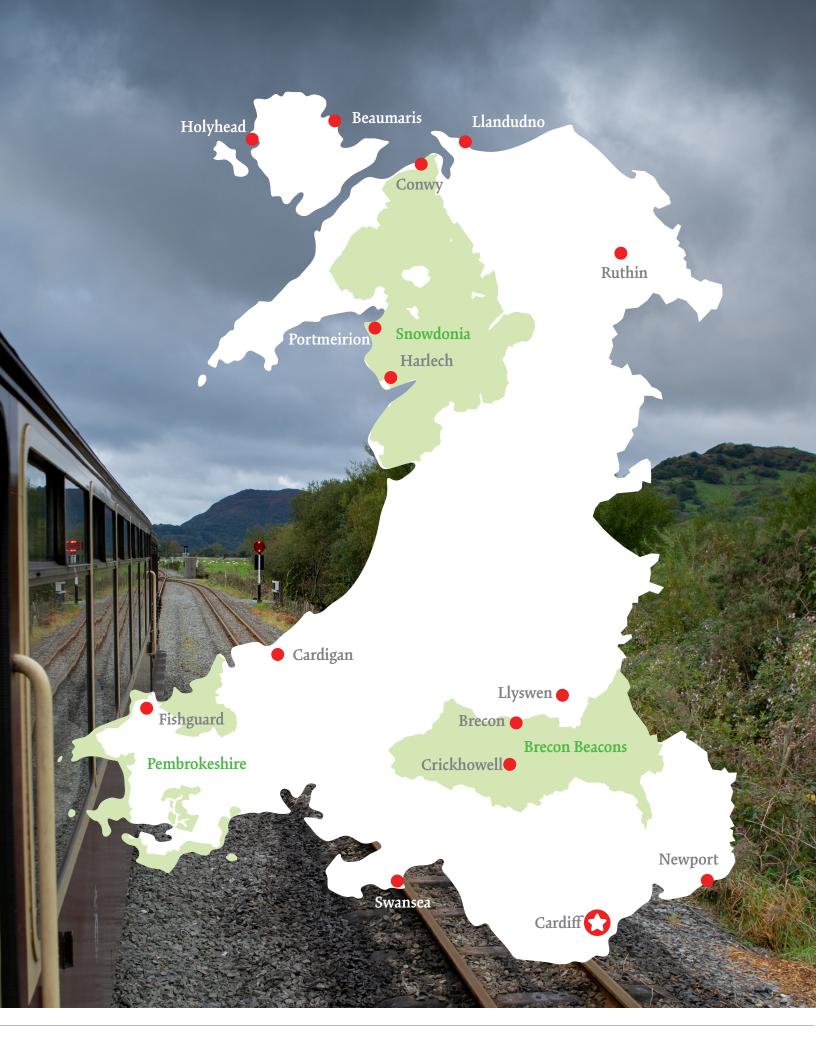
Castles

18

Welsh Roadtrips

20

Wales for Foodies





n the far western shore of the island of Great Britain is the proud and mountainous country of Wales, known as Cymru to the native Welsh. Recognized by many as the "Land of Song" due to its historical legacy for poetry and literature, Wales is teeming with culture. From metropolitan Cardiff to the scenic resort town of Llandudno to the majestic castle of Caernarfon, experiencing Wales to its fullest is a dense cultural opportunity, rich with history that stretches back a millennium. Even though it is part of the United Kingdom, around 19% of the population speaks Welsh, especially in the western and northern regions of the country. This makes Wales notably different than nearby England, while only being a convenient 2-hour train ride from London or Manchester.

With a diverse terrain ranging from craggy slate peaks to rugged coasts to undulating moors, Wales is begging to be explored. Relatively small in size, Wales makes the perfect trip for travelers who want to fit as many activities into their itinerary as possible. Driving from South to North Wales takes only around 4 hours and guides travelers through two of its impressive national parks: Brecon Beacons and Snowdonia. Along the way, countless castles, stunning vistas, and bespoke culinary opportunities await those that make the journey. Pack your bags for the perfect road trip waiting to be taken.

Home to friendly people, unique cuisine, and striking wilderness, Wales makes a great standalone trip or add-on adventure with other Great Britain destinations.

Experience Wales: Page 4



Slate Peaks to Rugged Coasts

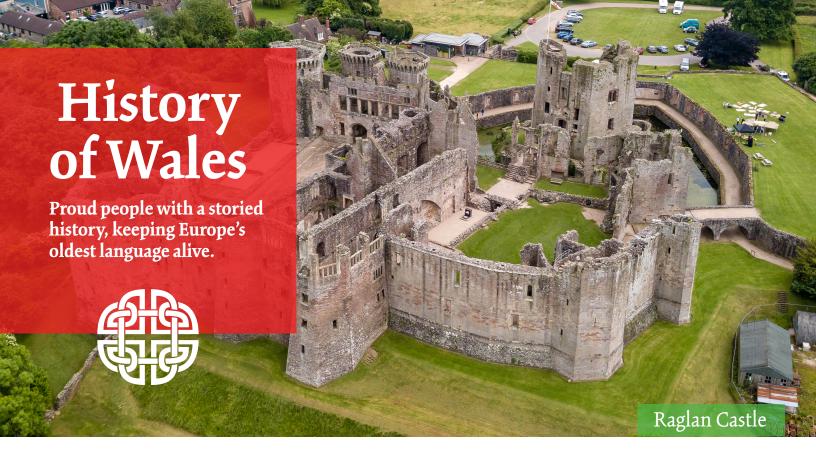
ith three national parks all within a short distance from the other, Wales is easily explored through relaxing yet dense daytrips. No matter where you make your home base, Wales has a plethora of activities for you to embark upon.

Relax at the seaside resort town of Llandudno in North Wales, a favorite of Queen Victoria just a short drive from the grand landscapes of Snowdonia National Park, with a beautiful Victorian promenade called "The Parade" that stretches from the North Wales Theatre to the Victorian-era Llandudno Pier. Just across the River Conwy to the southwest is the town of Conwy, where the imposing Conwy Castle watches over the medieval town walls.

In South Wales, spend some time in Cardiff, the "City of Arcades," and take an all-access tour of Cardiff's most recognizable landmarks. Explore the independent boutiques, savor the local food, and catch a rock show in one of the city's many music venues. Then embark out into

the rolling moors of Brecon Beacons National Park. Plentiful activities, some more active than others, await in Brecon Beacons. Explore the caves within the park, race on a mountain bike trail, go canoeing on the various rivers, or gaze at the stars in the night sky. Home to some of Great Britain's darkest skies, Brecon Beacons has little light pollution, and is an International Dark Sky Reserve.

Western Wales offers some of Great Britain's best beaches, clifftop castles, and rugged and craggy coastlines throughout the Pembrokeshire Coast National Park. Take a boat trip to Ramsey Island, a wildlife habitat with dramatic seaside cliffs that rise 390 feet above the water to find a vibrant ecosystem of birds that call the island their home. Near the cute hamlet of St. Davids, enjoy a romantic walk along Whitesands Beach – or if you're the adventurous type, try surfing at one of the best surfing beaches in Great Britain!



Roman Roots

D espite its mountainous and rocky terrain, Wales has been inhabited by humans for at least 29,000 years, with Celtic tribes settling in its valleys until the Roman conquest began in 48 AD. Before relinquishing the country, the Romans began extracting large amounts of mineral wealth from the country, beginning the theme of industrialization within Wales. Remnants of this time can be seen at the city of Caerwent, 11 miles east of Newport, where some of the best-preserved Roman ruins in Europe are found.

In the power vacuum that the Roman Empire left behind, the Welsh Princes began to take control. The only history we have from this time period, around 540 AD until the Norman conquest of England, is almost all legend, as Welsh poets and orators began to establish Wales' literary tradition.

The architectural wonder of Wales, its 641 majestic castles, were mostly constructed during the wars between the English Kings and the Welsh Princes before Wales was finally defeated and annexed by the English crown in the 1500s.







Industrial Revolution to Modern Day

B eginning in the in the 18th-century, Wales quickly became one of the world's largest producers of coal, iron, copper, and slate. Many often associate coal mining with Wales, but it is arguable that slate quarrying was just as prominent during the time of the Industrial Revolution. During this time, the major cities in South Wales: Cardiff, Swansea, and Newport, all experienced major growth and became commercial centers of Wales. The effects of this industrial growth can be observed today through the various mines and factories throughout Wales, but none more impressive than the Big Pit National Coal Museum, where you have the opportunity to

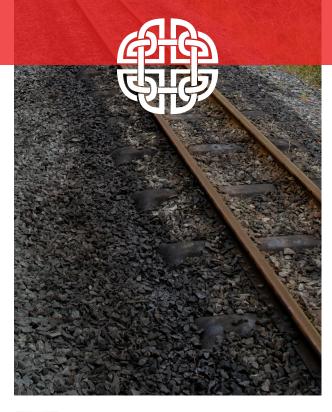
explore one of Wales' largest coal mines firsthand. Because of the large amount of natural resources being extracted from Wales, traveling by train is essentially a national pastime to the Welsh. There are many tourist-friendly miniature steam trains that are perfect for sitting back, relaxing, and immersing oneself in the majestic landscape of Wales. From the Snowdon Mountain Railway, the Brecon Mountain Railway, the Rhyl Miniature Railway (Britain's oldest running miniature line), the 40-mile Ffestiniog & Welsh Highland Railways, and countless others, miniature steam trains are a uniquely Welsh way to experience this grand and one-of-a-kind country.





London to Cardiff by Rail

From the cosmopolitan travel hub of London, taking a holiday to Wales is simple. It is only a 2-hour train ride from London to Cardiff, from one capital to the next. While few cities in the world can compare to the metropolitan delights of London, Cardiff has a charm of its own. With an easily walkable city center, Victorian-era shopping arcades, a romantic waterfront, and a vibrant nightlife with music venues across the city, Cardiff is the cultural hub of Wales.



Transport



Manchester to Chester - Conwy by Rail

After exploring Northern England, take a 2-hour train ride from Manchester to Conwy. An old Welsh city, Conwy is dominated by the prominent Castle sitting at the mouth of the River Conwy. The old city center is walled-off, creating a dense and historic market town that looks like no other. Conwy is the perfect base camp for an adventurous Welsh vacation, located only 20 minutes away from Snowdonia National Park.

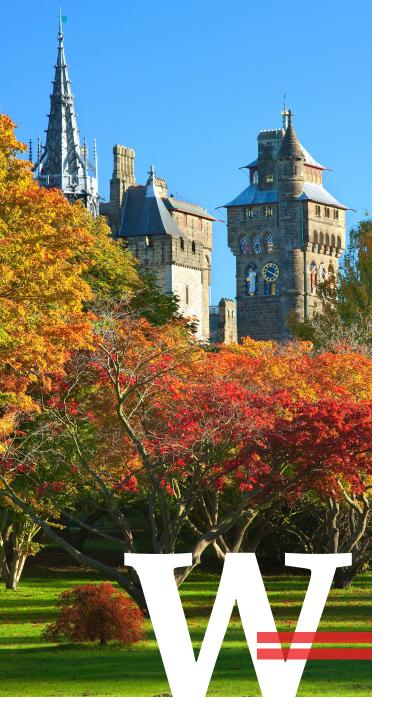






ExploreWales with Ease

Due to its compact size, many of Wales' quintessential cities, national parks, and outdoor activities are all near one another. This makes Wales the perfect vacation from your vacation! Need to get out of the city? Take a road trip from Cardiff to Conwy and visit all the castles in between, explore the majestic coastline of Pembrokeshire National Park, or trek to the summit of Mount Snowdon, Wales' tallest peak.



Cardiff

As the capital of Wales and its largest city, Cardiff is the seat of Wales' cultural institutions and the Welsh media. From the walkable city center, one can visit the Cardiff Castle, the Principality Stadium (home of the Welsh Rugby Union Team), the National Museum of Cardiff, and shop for local artisan goods or records within The Castle Emporium, all of which could be visited in an afternoon! With tremendous creative energy, Cardiff's vibrant arts, music, and culinary culture are spread throughout the city.

The Welsh literary tradition is rich in Cardiff, as the beloved author Roald Dahl was born there, the legendary singer Tom Jones was born in the nearby village of Treforest, and newer bands such as Los Campesinos and many others formed in Cardiff. Not only are the citizens patrons of art and music, they also have a passion for sports, as Cardiff has been awarded the title of "European City of Sport" twice, once in 2009 and again in 2014. After exploring the city center, take a pleasant walk to the Millennium Center at the waterfront, Mermaid Quay. Built out of entirely Welsh building materials such as slate and copper, the Millennium Center is home to the Wales' National Opera, musical theater, and various musical performances. Offering a little bit of something for everyone, from castles, record stores, artisan craft breweries, quaint coffee shops, fine dining, and museums, Cardiff was voted as Britain's most sociable city, perfect for travelers who desire a bespoke cultural experience.





City Stays: Page 10





Conwy

n the banks of the River Conwy lies the castle town of Conwy, an equally charming and impressive feat of Welsh ingenuity with one of the best-preserved castles in Wales. In addition to the 800-year-old castle is the Conwy Suspension Bridge built in 1826, spanning the length of the River Conwy and designed to match the style of the castle. Walk along the walls to get a full view of this quaint Welsh city before visiting "The Smallest House in Great Britain" and the only surviving 15th-century house in town, the Aberconwy House. Conwy is a picturesque starting point for any trip to Northern Wales, located just a quick 15-minute drive to the seaside resort town of Llandudno and a 30-minute drive from Snowdonia National Park.



Snowdonia

narp, craggy peaks of Welsh slate of form the crests of rolling glacial valleys in Snowdonia National Park. Home to Great Britain's second tallest (and Wales' tallest) mountain - Mount Snowdon. According to legend, Mount Snowdon was the site where King Arthur is said to have killed a fearsome giant and the nearby lake Llyn Llydaw is believed to be the final resting place of the sacred sword Excalibur. Whether you trek to the summit or take the Snowdon Mountain Railway to the top, travelers will find breathtaking vistas of Wales at the top of Mount Snowdon. This expansive national park is an ideal destination for hikers, mountain bikers, and even golfers, with beautiful scenery around every corner or every bend of the fairway.

Brecon Beacons

ust north of the coastline of South Wales is Brecon Beacons National Park, with miles of open moorland, gentle mountain ranges, rolling green hills, and century-old Welsh villages in the valleys below. Outdoor and cultural activities abound, including natural caves, castles, museums, and old industrial mines to explore. With its picturesque landscapes and quaint towns, Brecon Beacons has been designated as a Dark Sky Reserve, a stargazer's paradise. For bibliophiles, check out the small town of Hayon-Wye at the northeastern tip of the national park. Described as the "Town of Books", Hay-on-Wye has over 20 bookstores and hosts the annual Hay Festival in June, where over 80,000 visitors venture to the town to find rare books and hear lectures from prominent writers.

National Parks : Page 12







Pembrokeshire Coast

cliffs surrounding natural rock formations and sea caves, Pembrokeshire Coast National Park is Great Britain's premiere coastal getaway. As the only predominantly coastal national park, tourists from Britain and all around the world visit Pembrokeshire for a cozy cottage break, relishing the golden beaches and islands like Caldey Island. From the region's center, Haverfordwest, it is easy to visit the national park's many attractions. Discover ancient Neolithic ruins such as Pentre Ifan and the Iron-Age Castell Henllys, walk along the Pembrokeshire Coast Path, or go coasteering.

Within Pembrokeshire is St. Davids - which claims to be Great Britain's smallest cathedral city, a charming coastal farm town with local boutiques and cafés bringing traditional Welsh culture to life. Near the cute hamlet of St. Davids, travelers can appreciate the stunning scenery or watch locals and other visitors surf at one of the best surfing beaches in Great Britain. Western Wales offers some of Great Britain's best beaches, clifftop castles, and craggy coastlines throughout the Pembrokeshire Coast National Park. Ramsey Island, a wildlife habitat 390 feet above the water and home to a vibrant ecosystem of birds is easily accessible by boat.





Brecon Beacons Railway Tour (Pant to Torpantau) - 1.5 Hours

The journey takes you into the Brecon Beacons National Park, along the full length of the Taf Fechan Reservior before climbing the summit of Torpantau, high in the mountains of the park. The return trip will stop at the intermediate station in Pontsticill where you can visit the Lakeside Café, admire the view, or go for a walk alongside the reservoir.



Roman Sites and Tintern Abbey Full-Day Tour from Cardiff - 8.5 Hours

Explore Britain's best-preserved Roman ruins, including the remnants of Caerleon and Caerwent, cities with almost 2,000 years of history. Afterwards, tour the monastic ruins at Tintern Abbey, enjoy lunch at the nearby Abbey Mill Craft Centre, and then visit Raglan Castle – with beautiful views of the Monmouthshire countryside along the way.



Welsh Foraging & Food Tour with Lunch and Dinner from Pembroke - 10.5 Hours

Spend a day on the on the Welsh coast, fishing and foraging for a uniquely Welsh dinner. Begin the day fishing for bass on the Pembrokeshire coast with a professional guide. Continue the tour searching for seaweeds and edible plants. Stop for a midday meal before beginning a fungi hunt. Finish your day with a multi-course dinner, prepared with the foraged food from the day paired with local ingredients.



Guided Gwinllan Conwy Vineyard Tour & Wine Tasting - 1.5 Hours

If you've been wine tasting in the US, why not try the Welsh version? This guided Welsh vineyard with award wining sparkling and white wines and tour offers a unique vineyard experience the stunning backdrop of the Snowdonia National Park.



Beaumaris Castle

A UNESCO World Heritage Site completed in 1330, this castle overlooks the Menai Strait that separates mainland Wales from the island of Anglesey, not far from the city of Bangor and a short 30 minute drive west of Conwy. UNESCO considers Beaumaris Castle to be one of "the finest examples of late 13th-century and early 14th-century military architecture in Europe" featuring concentric moats, outer walls, and inner walls. Certainly an imposing site for any invading army, but an insightful and breathtaking tour for history buffs.



Harlech Castle

Also a UNESCO World Heritage Site, Harlech Castle was built quickly between 1282 and 1289 and played an important role in several wars. Sitting atop a rocky knoll overlooking the town of Harlech in western Snowdonia, the castle was the site of the longest siege in British history during the War of the Roses. With a similar concentric design to Beaumaris Castle, Harlech Castle is a picturesque castle with a storied history.

Castles of Wales



Of course, one of Wales' most notable attractions are the hundreds of medieval and gothic castles that dot its landscape, 641 to be exact! The best way to explore Wales' castles is with the Cadw Explorer Pass, which gives access to more than 100 historic sites across Wales. It would be impossible to visit all 641 castles in just one trip, so here are our top recommended to visit!



Caernafon Castle

Straddling the mouth of the River Seiont,
Caernafon Castle extends its walls into a small
market city with narrow streets, tucked-away
bistros, and centuries of untouched architecture.
According to legend, during construction of the
castle the body of Roman Emperor, Magnus
Maximus, was discovered and subsequently
reburied in a local church. Caernafon is not far
from the ancient Roman ruins of Segontium, which
played a pivotal role in Welsh poetry and literature
during the Medieval ages.





Conwy Castle

Sitting atop a coastal ridge and overlooking an important crossroads near the River Conwy, Conwy Castle is similar to Caernafon in that it also has a walled-off market town in addition to the grand castle itself. Within the quaint market town is the aforementioned "Smallest House in Great Britain" and one of the oldest surviving houses in Wales, the Aberconwy House.



Caerphilly Castle

Only a 20-minute drive from Cardiff, Caerphilly Castle is surrounded by extensive artificial lakes and is the largest castle in Wales (2nd largest in Great Britain). The castle, completed in 1290, is famous for introducing concentric castle defenses to the country, incorporating a huge gatehouse, and featuring a network of moats and dams for defense. In addition to the defenses, the equally impressive castle interiors make this a must-see for any visitor.



Castell Coch

A 15-minute drive from Cardiff, Castell Coch is a Gothic Revival castle built in the 19th century, making it by far the youngest castle on this list. Built atop the site of a ruined castle, Castell Coch has been used as a vineyard and summer home for the Marquess of Bute, now administered by the Welsh government. With elaborate and symbolic interiors coupled with the striking Gothic façade, Castell Coch is one of Wales' most unique architectural feats.

Best of North Wales

Llandudno & Snowdonia

3 Days / 2 Nights

See the best of Snowdonia and Northern Wales in this short but extensive package. Stay in Llandudno, dubbed the "Queen of Welsh Resorts", and visit the nearby medieval Conwy Castle and the Welsh Mountain Zoo. Then explore the vast Snowdonia National Park. Take the 120-year-old **Snowdon Mountain Railway** to the top of Mount Snowdon, where you can see all the way to Ireland. From here, you can also easily take a trip to Harlech Castle, site of the longest siege in British history, before returning to Llandudno for an evening on the Victorian Promenade.

EXPLORE FURTHER!

Welsh Roadtrips: Page 18

Welsh Roadtrips

Choose Your Own Adventure

From rugged coastlines that hide dazzling beaches of Pembrokeshire, to the towering peaks of Snowdonia, and to the rolling hills and valleys of Brecon Beacons, Wales is the perfect destination for travelers who want to blaze their own path. Even if cars drive on the other side of the road than they do here in America, it is easy to appreciate the grandeur of the landscape that these meandering roads will take you upon. There's a term in the Welsh language called "Igam Ogam", which roughly translates to "Zig-Zagging", a motto for any traveler who wants to explore every nook and cranny of Wales.



The Cambrian Way

See the heart of Wales, from north to south, driving along highway A470 in this 185-mile journey. This trip could be completed in just one day, if you so choose, taking you through the mountain passes of both Brecon Beacons National Park and Snowdonia National Park. Of course, there's no rush to complete this road trip in one day! Along this route, there are plenty of quaint villages and other points of interest. Make a stop at the haunted Devil's Bridge in the middle of the Cambrian Mountains, explore the vast, untouched wilderness of the Elan Valley, or explore the waterfalls tucked away in Brecon Beacons National Park.

The Coastal Way

Running the entire length of Cardigan Bay on the west end of Wales, the Coastal Way is a 180-mile trek with the Irish Sea on one side and the Snowdonia Mountains on the other side. Start in the north, at the city of Aberdaron and drive along the coast to Great Britain's smallest city, the lovable St. Davids. The Welsh coast is dotted by quaint fishing villages, grand castles, secret coastal caves, and romantic beaches. For foodies, stop at the Michelin-starred Ynyshir, a home once owned by Queen Victoria. With plenty of secrets to explore, the Coastal Way is full of hidden gems waiting to be discovered.



The North Wales Way

Follow an old trading route along 75-miles of the northern Wales coast into the island of Anglesey. Although the shortest of these journeys, your attention will be captivated immediately by a trio of imposing castles: Beaumaris, Caernarfon, and Conwy. Along highway A55 you'll drive near the cities of Llandudno, Conwy, and to Anglesey – all of which are home to Welsh art museums. Plenty of great food awaits you on this journey, including the restaurant Porth Eiras in Colwyn Bay and Sosband & The Old Butchers in Menai Bridge. Not far from Snowdonia, The North Wales Way is a great way to start an epic Welsh odyssey with mouthwatering food and spectacular vistas.







Wales for Foodies

Bite of Wales

Cardiff & Brecon
3 Days / 2 Nights

Take a scenic tour of cosmopolitan Cardiff, including outings to the Cardiff Castle, an all-access tour of the Principality Stadium, the National Assembly of Wales, and the Millennium Center. Enjoy a traditional Welsh banquet within the ancient halls of Cardiff Castle and tour the Blaenavon Cheddar Company, an award-winning family-run cheesemaker. Then travel through the majestic Brecon Beacons National Park to visit the "Big Pit", a museum dedicated to Wales' industrial history featuring a tour of the coal mine. Finally, spend your last day on various culinary tours, including a tasting at White Castle Vineyard and the Penderyn Distillery.

EXPLORE FURTHER!

Sips & Samples of Wales

Cardiff, Saundersfoot & Cardigan 8 Days / 7 Nights

Take a deep-dive into the distinct culture of Wales while sampling a variety of traditional Welsh cuisines. Spend a day foraging on the Welsh coastline, discover Cardiff's food scene, take a wildlife boat trip, and sipping at breweries and vineyards along the way. Scenic views of the rugged coast are the backdrop for this splendid and thorough vacation through southern Wales.

EXPLORE FURTHER!

Wales for Foodies: Page 20



