

4 Days/3 Nights

Departs daily from San Jose
(May require a Pre-excursion Overnight in San Jose)



Sarapiquí Adventure

This rainforest volunteering opportunity enables visitors to connect with Costa Rican culture via the Sarapiquí Conservation Learning Center, as well as participating in a variety of exhilarating activities. Experience the biodiversity of the rainforest while taking part in fulfilling experiences such as English language lessons and reforestation programs.

ACCOMMODATIONS

- 3 Nights Selva Verde Lodge

INCLUSIONS

- Roundtrip Ground Transfers
- Choice of Canopy, Rafting, Rappelling, or Horseback Riding
- Volunteer at Sarapiquí Conservation Learning Center plus Lunch
- Daily Breakfast



ARRIVE IN SAN JOSE:

Begin your journey in San Jose, the capital of Costa Rica. Upon arrival, take your transfer just 2 hours north to the forested Selva Verde Lodge, a premier ecotourism destination. The Lodge protects the most accessible rainforest in Costa Rica, while attracting nature enthusiasts from around the globe. After checking in to your room, the remainder of the day is free to explore the grounds and discover the flora and fauna on this 500-acre reserve. Still time to take a dip in the pool, or sip a refreshing cocktail poolside and watch for wildlife. Birds, frogs, butterflies, and monkeys can be frequently spotted here, so keep your binoculars handy. Dinner on your own this evening.

(Accommodation, Selva Verde)



SELVA VERDE:

After breakfast, it's time to take advantage of some exciting adventure activities specifically designed for the most energetic eco traveler! You can experience the wild side of Costa Rica by white water rafting down the Sarapiquí River. Other options include an adventurous ride through the countryside on horseback, a managed rappelling tour descending a rock face, or relaxing float trip down a gentle river. Return to the lodge late afternoon and dinner at your leisure.

(Breakfast, Lunch & Accommodation, Selva Verde)



SELVA VERDE:

After breakfast, here is your opportunity to volunteer at the Learning Center for a cultural immersion experience. Selva Verde partners with the Sarapiquí Conservation Learning Center to link visitors interested in volunteering their time with projects where their assistance is most needed. One option is to visit a local elementary school to compare and contrast the Costa Rican education system with your own. Enjoy a guided tour led by the director, a teacher, and/or students, and perhaps offer an English language or computer lesson. Lunch is included in what will be a truly rewarding day.

Dinner on your own this evening.

(Breakfast, Lunch & Accommodation, Selva Verde)



SELVA VERDE:

After breakfast, take your return transfer to San Jose and continue your next Avanti journey.

(Breakfast, Selva Verde)