

2 Days/1 Nights

Departs Daily



Haeinsa Temple Stay

Enjoy the cultural and rare experience of a temple stay at Haeinsa, Korea's second-ranked jewel temple. It's designed to enhance the public's understanding of Korean Buddhism, and open to everyone regardless of religious belief. Your stay program features monastic meals, Seon Meditation, and a variety of programs that allow for a deeper feeling for the teachings of Buddhism. Participants in Haeinsa's program can have the unforgettable experiences of hearing the sound of the throbbing Dharma drum pierce the crisp, clear, early morning air, and visiting the mountain hermitages above the temple, where many monks continue to live.

ACCOMMODATIONS

- 1 Night Temple Stay

INCLUSIONS

- Private Arrival and Departure Transfers from Seoul

- Breakfast, Lunch & Dinner



ARRIVE HAEINSA:

Your driver will meet you at your Seoul hotel for a private Transfer from Seoul to **Haeinsa Temple**. The magnificent Haeinsa, "Temple of the Ocean Mudra," is one of the most important Buddhist temples in Korea. Built in the ninth century, Haeinsa is the home to Tripitaka Koreana, boasting 81,258 wooden printing blocks that represent the world's oldest and most comprehensive Buddhist canon in Chinese characters with no known errors in its 52 million carved characters. The Tripitaka was created in the late 11th century, by the hands of devout Goryeo Dynasty Buddhist who carved the wooden blocks as a prayer to repel the Mongolian invaders. The monks do not speak English, however an interpreter will be present to assist with translation. There will be chanting, sitting meditation, as well as prostration (full bow).

Your stay will include:

- Shared bedroom (male or female only)
- Three meals
- A uniform (a vest and pants) is provided during the stay

What to bring:

Toiletries, personal water bottle, loose clothes for sleep, an extra t-shirt, sneakers, and socks.

**Note:** Sleeveless shirt or flip flops are not recommended.

(Accommodations & Meals, Haeinsa)



DEPART HAEINSA:

After a leisurely breakfast, meet your driver for a private transfer to Seoul and on to your next Avanti destination!

(Breakfast, Haeinsa)